

HEAD HIT

TAKE IT SERIOUSLY!

- One person must notify Club Staff right away.
 - **Staff will call 911 immediately.**
- When in doubt, call 911.

WHILE WAITING FOR HELP

- Do **NOT** move the person if a head or neck injury is possible
 - Keep them still and comfortable
 - Blankets are by the bar to keep the person warm
 - No food or drink
 - Monitor breathing and alertness
 - **Send someone to meet EMS at the entrance**
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NON-HEAD FALLS

If no head hit and the person is alert:

- Help them off the ice carefully
 - Monitor for symptoms
 - **Seek medical care if symptoms develop**
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SAFETY FIRST

Player safety always comes before the game!